

GPA/IPO European Powerlifting Championships												
5-7 May 2017, Elefsina-Athens-Greece												
European	WCat	AgeCat	Fed	Event	Place	Event Cat	Name	Country	BW	Result	ER	WR
European Championships	56 (M)	M1	GPA-D	Deadlift	1	Deadlift (raw)	Doumas, Ioannis	Greece	56	90	ER	WR
European Championships	67.5 (M)	T2	GPA-D	Squat	1	Squat Raw+	Kiretzian, Iakovos	Armenia	67	140	ER	WR
European Championships	67.5 (M)	T2	GPA-D	Bench Press	1	Bench press (raw)	Kiretzian, Iakovos	Armenia	67	65	-	-
European Championships	67.5 (M)	T2	GPA-D	Deadlift	1	Deadlift (raw)	Kiretzian, Iakovos	Armenia	67	155	ER	WR
European Championships	67.5 (M)	T2	GPA-D	Push-Pull	1	Raw	Kiretzian, Iakovos	Armenia	67	220	ER	WR
European Championships	67.5 (M)	T2	GPA-D	Powerlifting	1	Raw	Kiretzian, Iakovos	Armenia	67	360	ER	WR
European Championships	67.5 (M)	Open	IPO	Powerlifting	1	Single-ply	Stoyanov, Boyan	Bulgaria	67.5	458	-	-
European Championships	67.5 (M)	M1	GPA	Deadlift	1	Deadlift (raw)	Koukoulakis, Nikolaos	Greece	67	160	-	-
European Championships	67.5 (M)	M1	GPA-D	Squat	1	Squat Raw	Pagidas, Eleutherios	Greece	66	98	ER	WR
European Championships	67.5 (M)	M1	GPA-D	Bench Press	1	Bench press (raw)	Pagidas, Eleutherios	Greece	66	90	ER	WR
European Championships	67.5 (M)	M1	GPA-D	Deadlift	1	Deadlift (raw)	Koukoulakis, Nikolaos	Greece	67	160	ER	WR
European Championships	67.5 (M)	M1	GPA-D	Deadlift	2	Deadlift (raw)	Pagidas, Eleutherios	Greece	66	120	-	-
European Championships	67.5 (M)	M1	GPA-D	Powerlifting	1	Raw	Pagidas, Eleutherios	Greece	66	308	ER	WR
European Championships	67.5 (M)	M4	GPA	Deadlift	1	Deadlift (raw)	Ruzin, Ernest	Israel	62	166	ER	WR
European Championships	67.5 (M)	M4	GPA	Powerlifting	1	Raw	Ruzin, Ernest	Israel	62	371	-	-
European Championships	75 (M)	T2	GPA-D	Squat	1	Squat Raw	Kotis, Georgios	Greece	72	163	-	-
European Championships	75 (M)	T2	GPA-D	Bench Press	1	Bench press (raw)	Kotis, Georgios	Greece	72	105	-	-
European Championships	75 (M)	T2	GPA-D	Deadlift	1	Deadlift (raw)	Kotis, Georgios	Greece	72	195	ER	-
European Championships	75 (M)	T2	GPA-D	Push-Pull	1	Raw	Kotis, Georgios	Greece	72	300	ER	WR
European Championships	75 (M)	T2	GPA-D	Powerlifting	1	Raw	Kotis, Georgios	Greece	72	463	-	-
European Championships	75 (M)	T2	GPA-D	Powerlifting	2	Raw	Sarris, Mehmet	Greece	77.4	405	-	-
European Championships	75 (M)	Junior	GPA-D	Deadlift	1	Deadlift (raw)	Konstantinou, Christos	Cyprus	73	250	ER	WR
European Championships	75 (M)	Junior	GPA-D	Deadlift	2	Deadlift (raw)	Kotsis, Vasileios	Greece	69.9	163	-	-
European Championships	75 (M)	Junior	GPA-D	Powerlifting	1	Raw	Konstantinou, Christos	Cyprus	73	605	ER	WR
European Championships	75 (M)	Junior	GPA-D	Powerlifting	2	Raw	Tsompanis, Petros	Greece	74.6	450	-	-
European Championships	75 (M)	Junior	GPA-D	Powerlifting	3	Raw	Kotsis, Vasileios	Greece	69.9	348	-	-
European Championships	75 (M)	Open	GPA-D	Squat	1	Squat Raw+	Karagiannis, Ioannis	Greece	70.6	150	-	-
European Championships	75 (M)	Open	GPA-D	Squat	2	Squat Raw+	Glentis, Aristotelis	Greece	73	135	-	-
European Championships	75 (M)	Open	GPA-D	Bench Press	1	Bench press (raw)	Karagiannis, Ioannis	Greece	70.6	103	-	-

European Championships	75 (M)	Open	GPA-D	Bench Press	2	Bench press (raw)	Glentis, Aristotelis	Greece	73	103	-	-
European Championships	75 (M)	Open	GPA-D	Deadlift	1	Deadlift (raw)	Karagiannis, Ioannis	Greece	70.6	210	-	-
European Championships	75 (M)	Open	GPA-D	Deadlift	2	Deadlift (raw)	Glentis, Aristotelis	Greece	73	150	-	-
European Championships	75 (M)	Open	GPA-D	Push-Pull	1	Raw	Karagiannis, Ioannis	Greece	70.6	313	-	-
European Championships	75 (M)	Open	GPA-D	Push-Pull	2	Raw	Glentis, Aristotelis	Greece	73	253	-	-
European Championships	75 (M)	Open	GPA-D	Powerlifting	1	Raw	Ornithopoulos, Euaggelos	Greece	72.2	530	-	-
European Championships	75 (M)	Open	GPA-D	Powerlifting	2	Raw	Karagiannis, Ioannis	Greece	70.6	463	-	-
European Championships	75 (M)	Open	GPA-D	Powerlifting	3	Raw	Glentis, Aristotelis	Greece	73	388	-	-
European Championships	75 (M)	M3	GPA-D	Deadlift	1	Deadlift (raw)	Šehović, Sejfo	Bosnia and Herzegovina	73	230	ER	WR
European Championships	75 (M)	M3	GPA-D	Push-Pull	1	Raw	Šehović, Sejfo	Bosnia and Herzegovina	73	335	ER	WR
European Championships	75 (M)	M3	GPA-D	Powerlifting	1	Raw	Šehović, Sejfo	Bosnia and Herzegovina	73	515	ER	WR
European Championships	82.5 (M)	Junior	GPA-D	Squat	1	Squat Raw	Manthos, Dimitrios	Greece	80	203	-	-
European Championships	82.5 (M)	Junior	GPA-D	Squat	1	Squat Raw+	Gkerdidanis, Panagiotis	Greece	78	170	-	-
European Championships	82.5 (M)	Junior	GPA-D	Bench Press	1	Bench press (raw)	Markoulakis, Georgios	Greece	82.4	135	-	-
European Championships	82.5 (M)	Junior	GPA-D	Deadlift	1	Deadlift (raw)	Stamenov, Aleksandar	Bulgaria	79	225	-	-
European Championships	82.5 (M)	Junior	GPA-D	Deadlift	2	Deadlift (raw)	Manthos, Dimitrios	Greece	80	210	-	-
European Championships	82.5 (M)	Junior	GPA-D	Powerlifting	1	Raw	Pelovski, Tsvetomir	Bulgaria	78	525	-	-
European Championships	82.5 (M)	Junior	GPA-D	Powerlifting	2	Raw	Gkerdidanis, Panagiotis	Greece	78	445	-	-
European Championships	82.5 (M)	Open	GPA-D	Squat	1	Squat Raw	Salasidis, Michail	Greece	80	160	-	-
European Championships	82.5 (M)	Open	GPA-D	Bench Press	1	Bench press (raw)	Salasidis, Michail	Greece	80	110	-	-
European Championships	82.5 (M)	Open	GPA-D	Deadlift	1	Deadlift (raw)	Salasidis, Michail	Greece	80	180	-	-
European Championships	82.5 (M)	Open	GPA-D	Push-Pull	1	Raw	Salasidis, Michail	Greece	80	290	-	-
European Championships	82.5 (M)	Open	GPA-D	Powerlifting	1	Raw	Salasidis, Michail	Greece	80	450	-	-
European Championships	82.5 (M)	M1	GPA-D	Bench Press	1	Bench press (raw)	Skotidakis, Kostas	Greece	81	85	ER	WR
European Championships	82.5 (M)	M1	GPA-D	Deadlift	1	Deadlift (raw)	Skotidakis, Kostas	Greece	81	140	ER	WR
European Championships	82.5 (M)	M1	GPA-D	Push-Pull	1	Raw	Skotidakis, Kostas	Greece	81	225	ER	WR
European Championships	90 (M)	T2	GPA-D	Squat	1	Squat Raw	Konstantakis, Manolis	Greece	89	180	ER	-
European Championships	90 (M)	T2	GPA-D	Bench Press	1	Bench press (raw)	Konstantakis, Manolis	Greece	89	100	ER	-
European Championships	90 (M)	T2	GPA-D	Deadlift	1	Deadlift (raw)	Konstantakis, Manolis	Greece	89	180	ER	-
European Championships	90 (M)	T2	GPA-D	Push-Pull	1	Raw	Konstantakis, Manolis	Greece	89	280	ER	WR
European Championships	90 (M)	T2	GPA-D	Powerlifting	1	Raw	Konstantakis, Manolis	Greece	89	460	ER	-
European Championships	90 (M)	Junior	GPA-D	Squat	1	Squat Raw	Kalatzis, Paraskevas	Greece	86	173	-	-
European Championships	90 (M)	Junior	GPA-D	Bench Press	1	Bench press (raw)	Kalatzis, Paraskevas	Greece	86	103	-	-
European Championships	90 (M)	Junior	GPA-D	Deadlift	1	Deadlift (raw)	Kalatzis, Paraskevas	Greece	86	205	ER	-

European Championships	90 (M)	Junior	GPA-D	Push-Pull	1	Raw	Dvali, Giorgi	Republic of Georgia	88	370	-	-
European Championships	90 (M)	Junior	GPA-D	Push-Pull	2	Raw	Kalatzis, Paraskevas	Greece	86	308	-	-
European Championships	90 (M)	Junior	GPA-D	Powerlifting	1	Raw	Dvali, Giorgi	Republic of Georgia	88	590	-	-
European Championships	90 (M)	Junior	GPA-D	Powerlifting	2	Raw	Kalatzis, Paraskevas	Greece	86	480	-	-
European Championships	90 (M)	Open	GPA	Squat	1	Squat Raw	Stopar, Simon	Slovenia	89.5	311	ER	-
European Championships	90 (M)	Open	GPA	Bench Press	1	Bench press (raw)	Patiashvili, Gela	Republic of Georgia	90	180	-	-
European Championships	90 (M)	Open	GPA	Deadlift	1	Deadlift (raw)	Stopar, Simon	Slovenia	89.5	300	-	-
European Championships	90 (M)	Open	GPA	Powerlifting	1	Raw	Stopar, Simon	Slovenia	89.5	766	-	-
European Championships	90 (M)	Open	GPA-D	Squat	1	Squat Raw	Mitropoulos, Paraskevas	Greece	89.4	271	ER	WR
European Championships	90 (M)	Open	GPA-D	Squat	2	Squat Raw	Papadopoulos, Konstantinos	Greece	89.8	230	-	-
European Championships	90 (M)	Open	GPA-D	Bench Press	1	Bench press (raw)	Damtsias, Konstantinos	Greece	85	150	-	-
European Championships	90 (M)	Open	GPA-D	Bench Press	2	Bench press (raw)	Papadopoulos, Konstantinos	Greece	89.8	133	-	-
European Championships	90 (M)	Open	GPA-D	Deadlift	1	Deadlift (raw)	Papadopoulos, Konstantinos	Greece	89.8	268	ER	WR
European Championships	90 (M)	Open	GPA-D	Deadlift	2	Deadlift (raw)	Mitropoulos, Paraskevas	Greece	89.4	250	-	-
European Championships	90 (M)	Open	GPA-D	Push-Pull	1	Raw	Papadopoulos, Konstantinos	Greece	89.8	401	ER	-
European Championships	90 (M)	Open	GPA-D	Powerlifting	1	Raw	Papadopoulos, Konstantinos	Greece	89.8	631	-	-
European Championships	90 (M)	Open	GPA-D	Powerlifting	2	Raw	Litos, Dimitrios	Greece	90	545	-	-
European Championships	90 (M)	Open	GPA-D	Powerlifting	3	Raw	Naltsoglou, Athanasios	Greece	88.5	455	-	-
European Championships	90 (M)	Open	IPO	Deadlift	1	Deadlift (Multi Ply)	Pryakhin (MPly), Stanislav	Russia	85	289	ER	WR
European Championships	90 (M)	Open	IPO	Deadlift	1	Deadlift (Single Ply)	Pryakhin (SPly), Stanislav	Russia	85	289	ER	WR
European Championships	90 (M)	Open	IPO	Push-Pull	1	Multi-ply	Pryakhin (MPly), Stanislav	Russia	85	474	ER	WR
European Championships	90 (M)	Open	IPO	Push-Pull	1	Single-ply	Pryakhin (SPly), Stanislav	Russia	85	474	ER	WR
European Championships	90 (M)	Open	IPO	Powerlifting	1	Single-ply	Pryakhin (SPly), Stanislav	Russia	85	754	ER	-
European Championships	90 (M)	M1	GPA	Push-Pull	1	Raw	katsoulas, Argyris	Greece	85	365	-	-
European Championships	90 (M)	M1	GPA	Powerlifting	1	Raw	katsoulas, Argyris	Greece	85	565	-	-
European Championships	90 (M)	M1	GPA-D	Bench Press	1	Bench press (raw)	Perivolaris, Georgios	Greece	84	115	-	-
European Championships	90 (M)	M1	GPA-D	Deadlift	1	Deadlift (raw)	Perivolaris, Georgios	Greece	84	231	ER	WR
European Championships	90 (M)	M1	GPA-D	Push-Pull	1	Raw	katsoulas, Argyris	Greece	85	365	ER	WR
European Championships	90 (M)	M1	GPA-D	Push-Pull	2	Raw	Perivolaris, Georgios	Greece	84	346	ER	-
European Championships	90 (M)	M1	GPA-D	Powerlifting	1	Raw	katsoulas, Argyris	Greece	85	565	ER	-
European Championships	100 (M)	T3	GPA-D	Deadlift	1	Deadlift (raw)	Stefanidis, Timotheos	Greece	98	226	ER	-
European Championships	100 (M)	T3	GPA-D	Powerlifting	1	Raw	Klironomos, Euaggelos	Greece	97	550	ER	-
European Championships	100 (M)	T3	GPA-D	Powerlifting	2	Raw	Limpitakis, Michalis	Greece	95.5	540	-	-
European Championships	100 (M)	Junior	GPA	Bench Press	1	Bench press (raw)	Colta, Nicolae	Moldavia	95	160	-	-

European Championships	100 (M)	Junior	GPA	Deadlift	1	Deadlift (raw)	Koberidze , Elguja	Republic of Georgia	97	260	-	-
European Championships	100 (M)	Junior	GPA	Deadlift	2	Deadlift (raw)	Colta, Nicolae	Moldavia	95	240	-	-
European Championships	100 (M)	Junior	GPA	Push-Pull	1	Raw	Koberidze , Elguja	Republic of Georgia	97	430	-	-
European Championships	100 (M)	Junior	GPA	Push-Pull	2	Raw	Colta, Nicolae	Moldavia	95	400	-	-
European Championships	100 (M)	Junior	GPA	Powerlifting	1	Raw	Koberidze , Elguja	Republic of Georgia	97	650	-	-
European Championships	100 (M)	Junior	GPA	Powerlifting	2	Raw	Colta, Nicolae	Moldavia	95	590	-	-
European Championships	100 (M)	Junior	IPO	Deadlift	1	Deadlift (Multi Ply)	Eck, Erno	Hungary	95	235	ER	WR
European Championships	100 (M)	Open	GPA	Squat	1	Squat Raw	András, Gadó	Hungary	99.5	280	-	-
European Championships	100 (M)	Open	GPA	Deadlift	1	Deadlift (raw)	Ozkan, Muhammed Enes	Turkey	97	300	-	-
European Championships	100 (M)	Open	GPA	Powerlifting	1	Raw	Stoichev, Slavyan	Bulgaria	99.5	775	-	-
European Championships	100 (M)	Open	GPA	Powerlifting	2	Raw	András, Gadó	Hungary	99.5	720	-	-
European Championships	100 (M)	Open	IPO	Deadlift	1	Deadlift (Multi Ply)	Eck, László	Hungary	93	240	-	-
European Championships	100 (M)	Open	IPO	Deadlift	1	Deadlift (Single Ply)	Doychev, Vaseлин	Bulgaria	99	340	ER	WR
European Championships	100 (M)	Open	GPA-D	Deadlift	1	Raw	Mpelevratis, Dimitrios	Greece	93.5	190	-	-
European Championships	100 (M)	M1	GPA-D	Squat	1	Squat Raw+	Mildakos, Ippokratis	Greece	98.7	180	-	-
European Championships	100 (M)	M1	GPA-D	Bench Press	1	Bench press (raw)	Alexopoulos, Konstantinos	Greece	99	215	ER	WR
European Championships	100 (M)	M1	GPA-D	Bench Press	2	Bench press (raw)	Mildakos, Ippokratis	Greece	98.7	153	-	-
European Championships	100 (M)	M1	GPA-D	Bench Press	3	Bench press (raw)	Katsigiannis, Spyridon	Greece	95	103	-	-
European Championships	100 (M)	M1	GPA-D	Deadlift	1	Deadlift (raw)	Mildakos, Ippokratis	Greece	98.7	230	-	-
European Championships	100 (M)	M1	GPA-D	Deadlift	2	Deadlift (raw)	Katsigiannis, Spyridon	Greece	95	208	-	-
European Championships	100 (M)	M1	GPA-D	Push-Pull	1	Raw	Mildakos, Ippokratis	Greece	98.7	383	-	-
European Championships	100 (M)	M1	GPA-D	Push-Pull	2	Raw	Katsigiannis, Spyridon	Greece	95	310	-	-
European Championships	100 (M)	M1	GPA-D	Powerlifting	1	Raw	Mildakos, Ippokratis	Greece	98.7	563	-	-
European Championships	100 (M)	M2	GPA	Bench Press	1	Bench press (raw)	Suzić, Branko	Slovenia	98.8	180	ER	-
European Championships	100 (M)	M2	GPA-D	Powerlifting	1	Raw	Grigoropoulos, Kiriakos	Greece	97	540	ER	WR
European Championships	110 (M)	Junior	GPA	Powerlifting	0	Raw	Politis, Ioannis	Greece	104	0	-	-
European Championships	110 (M)	Junior	IPO	Bench Press	1	Bench press (Single Ply)	Todorov, Todor	Bulgaria	110	215	ER	WR
European Championships	110 (M)	Open	GPA	Squat	1	Squat Raw	Rallis, Dimitrios	Greece	109	340	-	-
European Championships	110 (M)	Open	GPA	Bench Press	1	Bench press (raw)	Kuzel, Vlastimil	Czech Republic	110	263	ER	WR
European Championships	110 (M)	Open	GPA	Bench Press	2	Bench press (raw)	Rallis, Dimitrios	Greece	109	190	-	-
European Championships	110 (M)	Open	GPA	Deadlift	1	Deadlift (raw)	Rallis, Dimitrios	Greece	109	345	-	-
European Championships	110 (M)	Open	GPA	Push-Pull	1	Raw	Rallis, Dimitrios	Greece	109	535	-	-
European Championships	110 (M)	Open	GPA	Powerlifting	1	Raw	Rallis, Dimitrios	Greece	109	875	-	-
European Championships	110 (M)	Open	GPA	Powerlifting	2	Raw	Tkadlčík, Jiří	Czech Republic	106	863	-	-

European Championships	110 (M)	Open	GPA	Powerlifting	3	Raw	Pelovski, Aleksandar	Bulgaria	110	783	-	-
European Championships	110 (M)	Open	GPA	Powerlifting	4	Raw	Liakos, Georgios	Greece	106	690	-	-
European Championships	110 (M)	Open	GPA-D	Deadlift	1	Deadlift (raw)	Kouprizas, Dimitrios	Greece	106	250	-	-
European Championships	110 (M)	Open	IPO	Bench Press	1	Bench Press (Multi Ply)	Ćećanović, Miloš	Montenegro	102	240	-	-
European Championships	110 (M)	M1	GPA-D	Push-Pull	1	Raw	Pantelopoulos Konstantinos	Greece	105	295	-	-
European Championships	110 (M)	M2	GPA	Bench Press	1	Bench press (raw)	Iztok, Mavsar	Slovenia	108	183	ER	-
European Championships	125 (M)	T3	GPA	Push-Pull	1	Raw	Gabunia, Luka	Republic of Georgia	116	440	ER	WR
European Championships	125 (M)	T3	GPA	Powerlifting	1	Raw	Gabunia, Luka	Republic of Georgia	116	720	-	-
European Championships	125 (M)	Junior	GPA	Powerlifting	1	Raw	Athanasίου, Ioannis	Greece	118	715	-	-
European Championships	125 (M)	Junior	GPA-D	Squat	1	Squat Raw+	Karallas (SPly), Giorgio	Greece	124	200	-	-
European Championships	125 (M)	Junior	GPA-D	Bench Press	1	Bench press (raw)	Karallas (SPly), Giorgio	Greece	124	180	ER	WR
European Championships	125 (M)	Junior	GPA-D	Bench Press	2	Bench press (raw)	Fassas, Kosntantinos	Greece	124	140		
European Championships	125 (M)	Junior	GPA-D	Deadlift	1	Deadlift (raw)	Karallas (SPly), Giorgio	Greece	124	150	-	-
European Championships	125 (M)	Junior	GPA-D	Push-Pull	1	Raw	Karallas (SPly), Giorgio	Greece	124	330	ER	WR
European Championships	125 (M)	Junior	GPA	Powerlifting	1	Raw	Athanasίου, Ioannis	Greece	118	715	-	-
European Championships	125 (M)	Junior	GPA-D	Powerlifting	1	Raw	Karallas (SPly), Giorgio	Greece	124	530	-	-
European Championships	125 (M)	Junior	IPO-D	Bench Press	0	Bench press (Single Ply)	Fassas, Konstantinos	Greece	124	0	-	-
European Championships	125 (M)	Junior	IPO-D	Bench Press	1	Soft Equipment	Fassas (SF), Konstantinos	Greece	124	185	-	-
European Championships	125 (M)	Open	GPA	Squat	1	Squat Raw	Liouras, Athanasios	Greece	116	300	-	-
European Championships	125 (M)	Open	GPA	Bench Press	1	Bench press (raw)	Liouras, Athanasios	Greece	116	170	-	-
European Championships	125 (M)	Open	GPA	Deadlift	1	Deadlift (raw)	Stoyan , Andreev	Bulgaria	116	390	ER	WR
European Championships	125 (M)	Open	GPA	Deadlift	2	Deadlift (raw)	Liouras, Athanasios	Greece	116	320	-	-
European Championships	125 (M)	Open	GPA	Push-Pull	1	Raw	Liouras, Athanasios	Greece	116	490	-	-
European Championships	125 (M)	Open	GPA	Powerlifting	1	Raw	Liouras, Athanasios	Greece	116	790	-	-
European Championships	125 (M)	Open	GPA-D	Bench Press	1	Bench press (raw)	Tromaras, Konstantinos	Greece	116	190	-	-
European Championships	125 (M)	Open	GPA-D	Bench Press	2	Bench press (raw)	Sarantis, Panagiotis	Greece	116	175	-	-
European Championships	125 (M)	Open	GPA-D	Bench Press	3	Bench press (raw)	Kountouris, Charalampos	Greece	124	170	-	-
European Championships	125 (M)	Open	GPA-D	Powerlifting	1	Raw	Merkulov, Aleksandr	Russia	122	660	-	-
European Championships	125 (M)	Open	GPA-D	Powerlifting	2	Raw	Sarantis, Panagiotis	Greece	116	578	-	-
European Championships	125 (M)	Open	GPA-D	Powerlifting	3	Raw	Droutsas, Anastasios	Greece	112	560	-	-
European Championships	125 (M)	Open	IPO	Squat	1	Squat (Single Ply)	Sapounakis, Pantelis	Greece	118	400	ER	WR
European Championships	125 (M)	Open	IPO	Bench Press	1	Bench press (Single Ply)	Sapounakis, Pantelis	Greece	118	250	-	-
European Championships	125 (M)	Open	IPO	Deadlift	1	Deadlift (Single Ply)	Sapounakis, Pantelis	Greece	118	320	-	-
European Championships	125 (M)	Open	IPO	Push-Pull	1	Single-ply	Sapounakis, Pantelis	Greece	118	570	ER	WR

European Championships	125 (M)	Open	IPO	Powerlifting	1	Single-ply	Sapounakis, Pantelis	Greece	118	970	-	-
European Championships	125 (M)	M2	GPA	Bench Press	1	Bench press (raw)	Panagiotidis, Theodosios	Greece	112	160	-	-
European Championships	125 (M)	M2	GPA	Deadlift	1	Deadlift (raw)	Panagiotidis, Theodosios	Greece	112	230	-	-
European Championships	140 (M)	Junior	GPA-D	Squat	1	Squat Raw+	Karallas, Giorgio	Greece	126	281	ER	WR
European Championships	140 (M)	Junior	GPA-D	Bench Press	1	Bench press (raw)	Karallas, Giorgio	Greece	126	200	ER	WR
European Championships	140 (M)	Junior	GPA-D	Deadlift	1	Deadlift (raw)	Karallas, Giorgio	Greece	126	225	-	-
European Championships	140 (M)	Junior	GPA-D	Push-Pull	1	Raw	Karallas, Giorgio	Greece	126	425	ER	WR
European Championships	140 (M)	Junior	GPA-D	Powerlifting	1	Raw	Karallas, Giorgio	Greece	126	706	-	-
European Championships	140 (M)	Open	GPA	Powerlifting	1	Raw	Gadyev, Timur	Russia	133	950	ER	-
European Championships	140+ (M)	Open	GPA-D	Squat	1	Squat Raw	Marizas, Emmanouil	Greece	154	272	ER	WR
European Championships	140+ (M)	Open	GPA-D	Bench Press	1	Bench press (raw)	Marizas, Emmanouil	Greece	154	130	-	-
European Championships	140+ (M)	Open	GPA-D	Bench Press	1	Soft Equipment	Marizas (SF), Emmanouil	Greece	154	130	-	-
European Championships	140+ (M)	Open	GPA-D	Deadlift	1	Deadlift (raw)	Marizas, Emmanouil	Greece	154	282	ER	WR
European Championships	140+ (M)	Open	GPA-D	Push-Pull	1	Raw	Marizas, Emmanouil	Greece	154	412	ER	WR
European Championships	140+ (M)	Open	GPA-D	Powerlifting	1	Raw	Marizas, Emmanouil	Greece	154	684	ER	WR
European Championships	140+ (M)	Open	IPO-D	Squat	1	Squat (Single Ply)	Marizas (SPly), Emmanouil	Greece	154	200	-	-
European Championships	140+ (M)	Open	IPO-D	Bench Press	1	Bench press (Single Ply)	Marizas (SPly), Emmanouil	Greece	154	100	ER	WR
European Championships	140+ (M)	Open	IPO-D	Deadlift	1	Deadlift (Single Ply)	Marizas (SPly), Emmanouil	Greece	154	225	-	-
European Championships	140+ (M)	Open	IPO-D	Push-Pull	1	Single-ply	Marizas (SPly), Emmanouil	Greece	154	325	-	-
European Championships	140+ (M)	Open	IPO-D	Powerlifting	1	Single-ply	Marizas (SPly), Emmanouil	Greece	154	525	-	-
European Championships	140+ (M)	M1	GPA	Squat	1	Squat Raw	Bejerano Rankyn, Freyded	Russia	165	320	ER	-
European Championships	140+ (M)	M1	GPA	Bench Press	1	Bench press (raw)	Bejerano Rankyn, Freyded	Russia	165	220	ER	-
European Championships	140+ (M)	M1	GPA	Deadlift	1	Deadlift (raw)	Bejerano Rankyn, Freyded	Russia	165	200	ER	-
European Championships	140+ (M)	M1	GPA	Push-Pull	1	Raw	Bejerano Rankyn, Freyded	Russia	165	420	ER	-
European Championships	140+ (M)	M1	GPA	Powerlifting	1	Raw	Bejerano Rankyn, Freyded	Russia	165	740	ER	-
European Championships	140+ (M)	M1	GPA-D	Squat	1	Squat Raw+	Pafilias, Emmanoil	Greece	161	240	ER	WR
European Championships	140+ (M)	M1	GPA-D	Bench Press	1	Bench press (raw)	Pafilias, Emmanoil	Greece	161	155	ER	WR
European Championships	140+ (M)	M1	GPA-D	Deadlift	1	Deadlift (raw)	Pafilias, Emmanoil	Greece	161	280	ER	WR
European Championships	140+ (M)	M1	GPA-D	Push-Pull	1	Raw	Pafilias, Emmanoil	Greece	161	435	ER	WR
European Championships	140+ (M)	M1	GPA-D	Powerlifting	1	Raw	Pafilias, Emmanoil	Greece	161	675	ER	WR
European Championships	140+ (M)	M1	IPO	Squat	1	Squat (Single Ply)	Bejerano Rankyn, Freyded	Russia	165	300	ER	-
European Championships	140+ (M)	M1	IPO	Bench Press	1	Bench press (Single Ply)	Bejerano Rankyn, Freyded	Russia	165	270	ER	WR
European Championships	140+ (M)	M1	IPO	Deadlift	1	Deadlift (Single Ply)	Bejerano Rankyn, Freyded	Russia	165	200	ER	-
European Championships	140+ (M)	M1	IPO	Push-Pull	1	Single-ply	Bejerano Rankyn, Freyded	Russia	165	470	ER	WR

European Championships	140+ (M)	M1	IPO	Powerlifting	1	Single-ply	Bejerano Rankyn, Freyded	Russia	165	770	ER	-
------------------------	----------	----	-----	--------------	---	------------	--------------------------	--------	-----	-----	----	---

GPA/IPO European Powerlifting Championships

5-7 May 2017, Elefsina-Athens-Greece

European	WCat	AgeCat	Fed	Event	Place	Event Cat	Name	Country	BW	Result	ER	WR
European Championships	W 52	M3	GPA	Bench Press	1	Bench press (raw)	Baker, Svetlana	Latvia	48.9	50	ER	-
European Championships	W 52	M3	GPA	Deadlift	1	Deadlift (raw)	Baker, Svetlana	Latvia	48.9	115	ER	-
European Championships	W 52	M3	GPA	Push-Pull	1	Raw	Baker, Svetlana	Latvia	48.9	165	ER	-
European Championships	W 56	Open	GPA-D	Squat	1	Squat Raw	Tsimpi, Mairi	Greece	55	140	ER	WR
European Championships	W 56	Open	GPA-D	Bench Press	1	Bench press (raw)	Tsimpi, Mairi	Greece	55	86	ER	WR
European Championships	W 56	Open	GPA-D	Deadlift	1	Deadlift (raw)	Tsimpi, Mairi	Greece	55	140	ER	-
European Championships	W 56	Open	GPA-D	Push-Pull	1	Raw	Tsimpi, Mairi	Greece	55	226	ER	WR
European Championships	W 56	Open	GPA-D	Powerlifting	1	Raw	Tsimpi, Mairi	Greece	55	366	ER	WR
European Championships	W 60	Open	GPA	Squat	1	Squat Raw	Maronikolaki, Vasiliki	Greece	59.5	171	ER	-
European Championships	W 60	Open	GPA	Bench Press	1	Bench press (raw)	Maronikolaki, Vasiliki	Greece	59.5	91	ER	-
European Championships	W 60	Open	GPA	Deadlift	1	Deadlift (raw)	Maronikolaki, Vasiliki	Greece	59.5	175	-	-
European Championships	W 60	Open	GPA	Push-Pull	1	Raw	Maronikolaki, Vasiliki	Greece	59.5	266	ER	WR
European Championships	W 60	Open	GPA	Powerlifting	1	Raw	Maronikolaki, Vasiliki	Greece	59.5	437	-	-
European Championships	W 60	Open	GPA-D	Squat	1	Squat Raw	Maronikolaki, Vasiliki	Greece	59.5	171	ER	WR
European Championships	W 60	Open	GPA-D	Bench Press	1	Bench press (raw)	Maronikolaki, Vasiliki	Greece	59.5	91	ER	WR
European Championships	W 60	Open	GPA-D	Deadlift	1	Deadlift (raw)	Maronikolaki, Vasiliki	Greece	59.5	175	ER	WR
European Championships	W 60	Open	GPA-D	Push-Pull	1	Raw	Maronikolaki, Vasiliki	Greece	59.5	266	ER	WR
European Championships	W 60	Open	GPA-D	Powerlifting	1	Raw	Maronikolaki, Vasiliki	Greece	59.5	437	ER	WR
European Championships	W 67.5	Junior	GPA-D	Squat	1	Squat Raw	Chelmi, Pangiota	Greece	62	120	-	-
European Championships	W 67.5	Junior	GPA-D	Deadlift	1	Deadlift (raw)	Chelmi, Pangiota	Greece	62	113	-	-
European Championships	W 67.5	Junior	GPA-D	Powerlifting	1	Raw	Chelmi, Pangiota	Greece	62	233	-	-
European Championships	W 67.5	Open	GPA-D	Powerlifting	1	Raw	Lulova, Radostina	Bulgaria	65	425	ER	WR

GPA/IPO Hellenic Powerlifting Championships

5-7 May 2017, Elefsina-Athens-Greece

Hellenic	WCat	AgeCat	Event	Place	Event Cat	Name	BW	Result
----------	------	--------	-------	-------	-----------	------	----	--------

Greek Championships	52 (M)	Teen	Bench Press	1	Bench press (raw)	Damtsias, Michail	50	65
Greek Championships	56 (M)	Master	Deadlift	1	Deadlift (raw)	Doumas, Ioannis	56	90
Greek Championships	67.5 (M)	Junior	Squat	1	Squat Raw+	Vetsis, Dimitrios	64	147.5
Greek Championships	67.5 (M)	Teen	Squat	1	Squat Raw+	Kiretzian, Iakovos	67	140
Greek Championships	67.5 (M)	Master	Squat	1	Squat Raw	Pagidas, Eleutherios	66	97.5
Greek Championships	67.5 (M)	Junior	Bench Press	1	Bench press (raw)	Vetsis, Dimitrios	64	100
Greek Championships	67.5 (M)	Teen	Bench Press	1	Bench press (raw)	Kiretzian, Iakovos	67	65
Greek Championships	67.5 (M)	Master	Bench Press	1	Bench press (raw)	Pagidas, Eleutherios	66	90
Greek Championships	67.5 (M)	Junior	Deadlift	1	Deadlift (raw)	Vetsis, Dimitrios	64	152.5
Greek Championships	67.5 (M)	Teen	Deadlift	1	Deadlift (raw)	Kiretzian, Iakovos	67	155
Greek Championships	67.5 (M)	Master	Deadlift	1	Deadlift (raw)	Koukoulakis, Nikolaos	67	160
Greek Championships	67.5 (M)	Master	Deadlift	2	Deadlift (raw)	Pagidas, Eleutherios	66	120
Greek Championships	67.5 (M)	Junior	Push-Pull	1	Raw	Vetsis, Dimitrios	64	252.5
Greek Championships	67.5 (M)	Teen	Push-Pull	1	Raw	Kiretzian, Iakovos	67	220
Greek Championships	67.5 (M)	Junior	Powerlifting	1	Raw	Vetsis, Dimitrios	64	400
Greek Championships	67.5 (M)	Teen	Powerlifting	1	Raw	Kiretzian, Iakovos	67	360
Greek Championships	67.5 (M)	Master	Powerlifting	1	Raw	Pagidas, Eleutherios	66	307.5
Greek Championships	75 (M)	Open	Squat	1	Squat Raw	Ermioglou, Nikolaos	74.9	180
Greek Championships	75 (M)	Open	Squat	2	Squat Raw	Prantzas, Konstantinos	74.5	130
Greek Championships	75 (M)	Open	Squat	1	Squat Raw+	kachilelis, Panagiotis	73	160
Greek Championships	75 (M)	Open	Squat	2	Squat Raw+	Karagiannis, Ioannis	70.6	150
Greek Championships	75 (M)	Open	Squat	3	Squat Raw+	Glentis, Aristotelis	73	135
Greek Championships	75 (M)	Teen	Squat	1	Squat Raw	Kotis, Georgios	72	162.5
Greek Championships	75 (M)	Teen	Squat	2	Squat Raw	Mertikas, Dimitrios	72.5	132.5
Greek Championships	75 (M)	Teen	Squat	3	Squat Raw	Papafragkas, Euaggelos	69	120
Greek Championships	75 (M)	Master	Squat	1	Squat Raw	Koutivis, Paulos	73	165
Greek Championships	75 (M)	Open	Bench Press	1	Bench press (raw)	kachilelis, Panagiotis	73	145
Greek Championships	75 (M)	Open	Bench Press	2	Bench press (raw)	Karagiannis, Ioannis	70.6	102.5
Greek Championships	75 (M)	Open	Bench Press	3	Bench press (raw)	Glentis, Aristotelis	73	102.5
Greek Championships	75 (M)	Open	Bench Press	4	Bench press (raw)	Milaios, Nikolaos	69	0
Greek Championships	75 (M)	Teen	Bench Press	1	Bench press (raw)	Kotis, Georgios	72	105
Greek Championships	75 (M)	Teen	Bench Press	2	Bench press (raw)	Papafragkas, Euaggelos	69	90
Greek Championships	75 (M)	Teen	Bench Press	3	Bench press (raw)	Mertikas, Dimitrios	72.5	80
Greek Championships	75 (M)	Junior	Deadlift	1	Deadlift (raw)	Konstantinou, Christos	73	250
Greek Championships	75 (M)	Junior	Deadlift	2	Deadlift (raw)	Kotsis, Vasileios	69.9	162.5
Greek Championships	75 (M)	Open	Deadlift	1	Deadlift (raw)	Karagiannis, Ioannis	70.6	210

Greek Championships	75 (M)	Open	Deadlift	2	Deadlift (raw)	kachilelis, Panagiotis	73	210
Greek Championships	75 (M)	Open	Deadlift	3	Deadlift (raw)	Prantzalos, Konstantinos	74.5	180
Greek Championships	75 (M)	Open	Deadlift	4	Deadlift (raw)	Milaios, Nikolaos	69	155
Greek Championships	75 (M)	Open	Deadlift	5	Deadlift (raw)	Glentis, Aristotelis	73	150
Greek Championships	75 (M)	Teen	Deadlift	1	Deadlift (raw)	Kotis, Georgios	72	195
Greek Championships	75 (M)	Teen	Deadlift	2	Deadlift (raw)	Amanatidis, Paraskevas	75	170
Greek Championships	75 (M)	Teen	Deadlift	3	Deadlift (raw)	Mertikas, Dimitrios	72.5	162.5
Greek Championships	75 (M)	Teen	Deadlift	4	Deadlift (raw)	Papafragkas, Euaggelos	69	155
Greek Championships	75 (M)	Teen	Deadlift	5	Deadlift (raw)	Kollaros, Nikolaos	71.7	100
Greek Championships	75 (M)	Master	Deadlift	1	Deadlift (raw)	Koutivis, Paulos	73	192.5
Greek Championships	75 (M)	Open	Push-Pull	1	Raw	kachilelis, Panagiotis	73	355
Greek Championships	75 (M)	Open	Push-Pull	2	Raw	Karagiannis, Ioannis	70.6	312.5
Greek Championships	75 (M)	Open	Push-Pull	3	Raw	Glentis, Aristotelis	73	252.5
Greek Championships	75 (M)	Open	Push-Pull	4	Raw	Milaios, Nikolaos	69	155
Greek Championships	75 (M)	Teen	Push-Pull	1	Raw	Kotis, Georgios	72	300
Greek Championships	75 (M)	Teen	Push-Pull	2	Raw	Papafragkas, Euaggelos	69	245
Greek Championships	75 (M)	Teen	Push-Pull	3	Raw	Mertikas, Dimitrios	72.5	242.5
Greek Championships	75 (M)	Junior	Powerlifting	1	Raw	Konstantinou, Christos	73	605
Greek Championships	75 (M)	Junior	Powerlifting	2	Raw	Tsompanis, Petros	74.6	450
Greek Championships	75 (M)	Junior	Powerlifting	1	Raw+	Kotsis, Vasileios	69.9	347.5
Greek Championships	75 (M)	Open	Powerlifting	1	Raw	Ornithopoulos, Euaggelos	72.2	530
Greek Championships	75 (M)	Open	Powerlifting	1	Raw+	kachilelis, Panagiotis	73	515
Greek Championships	75 (M)	Open	Powerlifting	2	Raw+	Karagiannis, Ioannis	70.6	462.5
Greek Championships	75 (M)	Open	Powerlifting	3	Raw+	Glentis, Aristotelis	73	387.5
Greek Championships	75 (M)	Teen	Powerlifting	1	Raw	Kotis, Georgios	72	462.5
Greek Championships	75 (M)	Teen	Powerlifting	2	Raw	Mertikas, Dimitrios	72.5	375
Greek Championships	75 (M)	Teen	Powerlifting	3	Raw	Amanatidis, Paraskevas	75	375
Greek Championships	75 (M)	Teen	Powerlifting	4	Raw	Papafragkas, Euaggelos	69	365
Greek Championships	82.5 (M)	Junior	Squat	1	Squat Raw	Manthos, Dimitrios	80	202.5
Greek Championships	82.5 (M)	Junior	Squat	1	Squat Raw+	Gkerdidanis, Panagiotis	78	170
Greek Championships	82.5 (M)	Open	Squat	1	Squat Raw	Mparkouzos, Theocharis	82	177.5
Greek Championships	82.5 (M)	Open	Squat	2	Squat Raw	Ranxha, Egert	78	170
Greek Championships	82.5 (M)	Open	Squat	3	Squat Raw	Salasidis, Michail	80	160
Greek Championships	82.5 (M)	Open	Squat	1	Squat Raw+	Anthis, Aristotelis	77	150
Greek Championships	82.5 (M)	Teen	Squat	1	Squat Raw	Magkouris, Vasileios	78	165

Greek Championships	82.5 (M)	Junior	Bench Press	1	Bench press (raw)	Markoulakis, Georgios	82.4	135
Greek Championships	82.5 (M)	Junior	Bench Press	2	Bench press (raw)	Markoulakis, Stavros	78.2	115
Greek Championships	82.5 (M)	Open	Bench Press	1	Bench press (raw)	Mparkouzos, Theocharis	82	127.5
Greek Championships	82.5 (M)	Open	Bench Press	2	Bench press (raw)	Ranxha, Egert	78	122.5
Greek Championships	82.5 (M)	Open	Bench Press	3	Bench press (raw)	Salasidis, Michail	80	110
Greek Championships	82.5 (M)	Teen	Bench Press	1	Bench press (raw)	Magkouris, Vasileios	78	92.5
Greek Championships	82.5 (M)	Master	Bench Press	1	Bench press (raw)	Skotidakis, Kostas	81	85
Greek Championships	82.5 (M)	Junior	Deadlift	1	Deadlift (raw)	Manthos, Dimitrios	80	210
Greek Championships	82.5 (M)	Open	Deadlift	1	Deadlift (raw)	Mparkouzos, Theocharis	82	202.5
Greek Championships	82.5 (M)	Open	Deadlift	2	Deadlift (raw)	Anthis, Aristotelis	77	195
Greek Championships	82.5 (M)	Open	Deadlift	3	Deadlift (raw)	Ranxha, Egert	78	187.5
Greek Championships	82.5 (M)	Open	Deadlift	4	Deadlift (raw)	Salasidis, Michail	80	180
Greek Championships	82.5 (M)	Open	Deadlift	5	Deadlift (raw)	Kaplantzis, Antonios	78.8	165
Greek Championships	82.5 (M)	Teen	Deadlift	1	Deadlift (raw)	Magkouris, Vasileios	78	162.5
Greek Championships	82.5 (M)	Teen	Deadlift	2	Deadlift (raw)	Kourkoulakos, Antonios	80	150
Greek Championships	82.5 (M)	Master	Deadlift	1	Deadlift (raw)	Skotidakis, Kostas	81	140
Greek Championships	82.5 (M)	Open	Push-Pull	1	Raw	Mparkouzos, Theocharis	82	330
Greek Championships	82.5 (M)	Open	Push-Pull	2	Raw	Ranxha, Egert	78	310
Greek Championships	82.5 (M)	Open	Push-Pull	3	Raw	Salasidis, Michail	80	290
Greek Championships	82.5 (M)	Teen	Push-Pull	1	Raw	Magkouris, Vasileios	78	255
Greek Championships	82.5 (M)	Teen	Push-Pull	2	Raw	Kourkoulakos, Antonios	80	235
Greek Championships	82.5 (M)	Master	Push-Pull	1	Raw	Skotidakis, Kostas	81	225
Greek Championships	82.5 (M)	Junior	Powerlifting	1	Raw+	Gkerdidanis, Panagiotis	78	445
Greek Championships	82.5 (M)	Junior	Powerlifting	2	Raw+	Taxiarchou, Georgios-Panagiotis	78.5	435
Greek Championships	82.5 (M)	Junior	Powerlifting	3	Raw+	Prekas, Vasileios	80	320
Greek Championships	82.5 (M)	Open	Powerlifting	1	Raw	Mparkouzos, Theocharis	82	507.5
Greek Championships	82.5 (M)	Open	Powerlifting	2	Raw	Ranxha, Egert	78	480
Greek Championships	82.5 (M)	Open	Powerlifting	3	Raw	Salasidis, Michail	80	450
Greek Championships	82.5 (M)	Teen	Powerlifting	1	Raw	Magkouris, Vasileios	78	420
Greek Championships	82.5 (M)	Teen	Powerlifting	1	Raw+	Mathioudakis, Emmanouil	79	377.5
Greek Championships	90 (M)	Master	Push-Pull	1	Raw	katsoulas, Argyris	85	365
Greek Championships	90 (M)	Master	Powerlifting	1	Raw	katsoulas, Argyris	85	565
Greek Championships	90 (M)	Junior	Squat	1	Squat Raw	Mauromichalis, Anastasios	85.6	172.5
Greek Championships	90 (M)	Junior	Squat	2	Squat Raw	Kalatzis, Paraskevas	86	172.5
Greek Championships	90 (M)	Junior	Squat	1	Squat Raw+	Paulou, Marios	89.9	170

Greek Championships	90 (M)	Open	Squat	1	Squat Raw	Mitropoulos, Paraskevas	89.4	270.5
Greek Championships	90 (M)	Open	Squat	2	Squat Raw	Papadopoulos, Konstantinos	89.8	230
Greek Championships	90 (M)	Open	Squat	1	Squat Raw+	Kounis, Nikolaos	88	215
Greek Championships	90 (M)	Open	Squat	2	Squat Raw+	Anastasakos, Christos	83	190
Greek Championships	90 (M)	Open	Squat	3	Squat Raw+	Anthis, Dimitrios	86.5	180
Greek Championships	90 (M)	Teen	Squat	1	Squat Raw	Konstantakis, Manolis	89	180
Greek Championships	90 (M)	Teen	Squat	1	Squat Raw+	Oikonomou, Ioannis	87	160
Greek Championships	90 (M)	Junior	Bench Press	1	Bench press (raw)	Paulou, Marios	89.9	147.5
Greek Championships	90 (M)	Junior	Bench Press	2	Bench press (raw)	Mauromichalis, Anastasios	85.6	125
Greek Championships	90 (M)	Junior	Bench Press	3	Bench press (raw)	Kalatzis, Paraskevas	86	102.5
Greek Championships	90 (M)	Open	Bench Press	1	Bench press (raw)	Anastasakos, Christos	83	155
Greek Championships	90 (M)	Open	Bench Press	2	Bench press (raw)	Damtsias, Konstantinos	85	150
Greek Championships	90 (M)	Open	Bench Press	3	Bench press (raw)	Kounis, Nikolaos	88	142.5
Greek Championships	90 (M)	Open	Bench Press	4	Bench press (raw)	Anthis, Dimitrios	86.5	140
Greek Championships	90 (M)	Open	Bench Press	5	Bench press (raw)	Papadopoulos, Konstantinos	89.8	132.5
Greek Championships	90 (M)	Teen	Bench Press	1	Bench press (raw)	Oikonomou, Ioannis	87	110
Greek Championships	90 (M)	Teen	Bench Press	2	Bench press (raw)	Konstantakis, Manolis	89	100
Greek Championships	90 (M)	Master	Bench Press	1	Bench press (raw)	Perivolaris, Georgios	84	115
Greek Championships	90 (M)	Junior	Deadlift	1	Deadlift (raw)	Mauromichalis, Anastasios	85.6	232.5
Greek Championships	90 (M)	Junior	Deadlift	2	Deadlift (raw)	Kalatzis, Paraskevas	86	205
Greek Championships	90 (M)	Junior	Deadlift	3	Deadlift (raw)	Paulou, Marios	89.9	200
Greek Championships	90 (M)	Open	Deadlift	1	Deadlift (raw)	Papadopoulos, Konstantinos	89.8	268
Greek Championships	90 (M)	Open	Deadlift	2	Deadlift (raw)	Mitropoulos, Paraskevas	89.4	250
Greek Championships	90 (M)	Open	Deadlift	3	Deadlift (raw)	Kounis, Nikolaos	88	230
Greek Championships	90 (M)	Open	Deadlift	4	Deadlift (raw)	Anthis, Dimitrios	86.5	222.5
Greek Championships	90 (M)	Open	Deadlift	5	Deadlift (raw)	Anastasakos, Christos	83	220
Greek Championships	90 (M)	Teen	Deadlift	1	Deadlift (raw)	Oikonomou, Ioannis	87	185
Greek Championships	90 (M)	Teen	Deadlift	2	Deadlift (raw)	Konstantakis, Manolis	89	180
Greek Championships	90 (M)	Teen	Deadlift	3	Deadlift (raw)	Ageiadis, Anastasios	89.5	140
Greek Championships	90 (M)	Teen	Deadlift	4	Deadlift (raw)	Asimakopoulos, Sotirios	86	0
Greek Championships	90 (M)	Master	Deadlift	1	Deadlift (raw)	Perivolaris, Georgios	84	231
Greek Championships	90 (M)	Junior	Push-Pull	1	Raw	Mauromichalis, Anastasios	85.6	357.5
Greek Championships	90 (M)	Junior	Push-Pull	2	Raw	Paulou, Marios	89.9	347.5
Greek Championships	90 (M)	Junior	Push-Pull	3	Raw	Kalatzis, Paraskevas	86	307.5
Greek Championships	90 (M)	Open	Push-Pull	1	Raw	Papadopoulos, Konstantinos	89.8	400.5

Greek Championships	90 (M)	Open	Push-Pull	2	Raw	Anastasakos, Christos	83	375
Greek Championships	90 (M)	Open	Push-Pull	3	Raw	Kounis, Nikolaos	88	372.5
Greek Championships	90 (M)	Open	Push-Pull	4	Raw	Anthis, Dimitrios	86.5	362.5
Greek Championships	90 (M)	Teen	Push-Pull	1	Raw	Oikonomou, Ioannis	87	295
Greek Championships	90 (M)	Teen	Push-Pull	2	Raw	Konstantakis, Manolis	89	280
Greek Championships	90 (M)	Master	Push-Pull	1	Raw	katsoulas, Argyris	85	365
Greek Championships	90 (M)	Master	Push-Pull	2	Raw	Perivolaris, Georgios	84	346
Greek Championships	90 (M)	Junior	Powerlifting	1	Raw	Mauromichalis, Anastasios	85.6	530
Greek Championships	90 (M)	Junior	Powerlifting	2	Raw	Kalatzis, Paraskevas	86	480
Greek Championships	90 (M)	Junior	Powerlifting	1	Raw+	Paulou, Marios	89.9	517.5
Greek Championships	90 (M)	Open	Powerlifting	1	Raw	Papadopoulos, Konstantinos	89.8	630.5
Greek Championships	90 (M)	Open	Powerlifting	2	Raw	Litos, Dimitrios	90	545
Greek Championships	90 (M)	Open	Powerlifting	3	Raw	Naltsoglou, Athanasios	88.5	455
Greek Championships	90 (M)	Open	Powerlifting	4	Raw	Venieris, Nikolaos	83	280
Greek Championships	90 (M)	Open	Powerlifting	1	Raw+	Kounis, Nikolaos	88	587.5
Greek Championships	90 (M)	Open	Powerlifting	2	Raw+	Anastasakos, Christos	83	565
Greek Championships	90 (M)	Open	Powerlifting	3	Raw+	Anthis, Dimitrios	86.5	542.5
Greek Championships	90 (M)	Teen	Powerlifting	1	Raw+	Mpountalis, Alexandros	86	500
Greek Championships	90 (M)	Teen	Powerlifting	2	Raw+	Oikonomou, Ioannis	87	455
Greek Championships	90 (M)	Teen	Powerlifting	1	Raw	Konstantakis, Manolis	89	460
Greek Championships	90 (M)	Master	Powerlifting	1	Raw	katsoulas, Argyris	85	565
Greek Championships	100 (M)	Junior	Squat	1	Squat Raw+	Georgakas, Christos	93	120
Greek Championships	100 (M)	Open	Squat	1	Squat Raw	Toziolos, Konstantinos	96	220
Greek Championships	100 (M)	Open	Squat	2	Squat Raw	Miliaras, Dimitrios	97.5	220
Greek Championships	100 (M)	Open	Squat	3	Squat Raw	Mpelevratis, Dimitrios	93.5	180
Greek Championships	100 (M)	Open	Squat	4	Squat Raw	Petrakos, Georgios	96	150
Greek Championships	100 (M)	Open	Squat	0	Squat Raw+	Foinitsis, Nikolaos	97	0
Greek Championships	100 (M)	Master	Squat	1	Squat Raw+	Mildakos, Ippokratis	98.7	180
Greek Championships	100 (M)	Open	Bench Press	1	Bench press (raw)	Toziolos, Konstantinos	96	180
Greek Championships	100 (M)	Open	Bench Press	2	Bench press (raw)	Miliaras, Dimitrios	97.5	170
Greek Championships	100 (M)	Open	Bench Press	3	Bench press (raw)	Petrakos, Georgios	96	90
Greek Championships	100 (M)	Open	Bench Press	0	Bench press (raw)	Mpelevratis, Dimitrios	93.5	0
Greek Championships	100 (M)	Open	Bench Press	0	Bench press (raw)	Foinitsis, Nikolaos	97	0
Greek Championships	100 (M)	Master	Bench Press	1	Bench press (raw)	Alexopoulos, Konstantinos	99	215
Greek Championships	100 (M)	Master	Bench Press	2	Bench press (raw)	Mildakos, Ippokratis	98.7	152.5

Greek Championships	100 (M)	Master	Bench Press	3	Bench press (raw)	Katsigiannis, Spyridon	95	102.5
Greek Championships	100 (M)	Junior	Deadlift	1	Deadlift (raw)	Georgakas, Christos	93	175
Greek Championships	100 (M)	Open	Deadlift	1	Deadlift (raw)	Miliaras, Dimitrios	97.5	232.5
Greek Championships	100 (M)	Open	Deadlift	2	Deadlift (raw)	Toziolos, Konstantinos	96	230
Greek Championships	100 (M)	Open	Deadlift	3	Deadlift (raw)	Mpelevratis, Dimitrios	93.5	190
Greek Championships	100 (M)	Open	Deadlift	4	Deadlift (raw)	Petrakos, Georgios	96	177.5
Greek Championships	100 (M)	Open	Deadlift	5	Deadlift (raw)	Foinitsis, Nikolaos	97	0
Greek Championships	100 (M)	Master	Deadlift	1	Deadlift (raw)	Mildakos, Ippokratis	98.7	230
Greek Championships	100 (M)	Master	Deadlift	2	Deadlift (raw)	Katsigiannis, Spyridon	95	207.5
Greek Championships	100 (M)	Open	Push-Pull	1	Raw	Toziolos, Konstantinos	96	410
Greek Championships	100 (M)	Open	Push-Pull	2	Raw	Miliaras, Dimitrios	97.5	402.5
Greek Championships	100 (M)	Open	Push-Pull	3	Raw	Petrakos, Georgios	96	267.5
Greek Championships	100 (M)	Open	Push-Pull	4	Raw	Mpelevratis, Dimitrios	93.5	190
Greek Championships	100 (M)	Open	Push-Pull	5	Raw	Foinitsis, Nikolaos	97	0
Greek Championships	100 (M)	Master	Push-Pull	1	Raw	Mildakos, Ippokratis	98.7	382.5
Greek Championships	100 (M)	Open	Powerlifting	1	Raw	Toziolos, Konstantinos	96	630
Greek Championships	100 (M)	Open	Powerlifting	2	Raw	Miliaras, Dimitrios	97.5	622.5
Greek Championships	100 (M)	Open	Powerlifting	3	Raw	Petrakos, Georgios	96	417.5
Greek Championships	100 (M)	Open	Powerlifting	4	Raw	Mpelevratis, Dimitrios	93.5	370
Greek Championships	100 (M)	Open	Powerlifting	1	Raw+	Daskalis, Christoforos	95	460
Greek Championships	100 (M)	Open	Powerlifting	0	Raw+	Foinitsis, Nikolaos	97	0
Greek Championships	100 (M)	Master	Powerlifting	1	Raw	Mildakos, Ippokratis	98.7	562.5
Greek Championships	100 (M)	Master	Powerlifting	2	Raw	Grigoropoulos, Kiriakos	97	540
Greek Championships	110 (M)	Open	Squat	1	Squat Raw	Rallis, Dimitrios	109.2	340
Greek Championships	110 (M)	Open	Squat	2	Squat Raw	Liakos, Georgios	106	260
Greek Championships	110 (M)	Master	Squat	1	Squat Raw+	Pantelopoulos, Konstantinos	105	135
Greek Championships	110 (M)	Open	Bench Press	1	Bench press (raw)	Rallis, Dimitrios	109.2	190
Greek Championships	110 (M)	Open	Bench Press	2	Bench press (raw)	Liakos, Georgios	106	170
Greek Championships	110 (M)	Open	Bench Press	3	Bench press (raw)	Kouprizas, Dimitrios	105.5	150
Greek Championships	110 (M)	Master	Bench Press	1	Bench press (raw)	Pantelopoulos, Konstantinos	105	110
Greek Championships	110 (M)	Open	Deadlift	1	Deadlift (raw)	Rallis, Dimitrios	109.2	345
Greek Championships	110 (M)	Open	Deadlift	2	Deadlift (raw)	Liakos, Georgios	106	260
Greek Championships	110 (M)	Open	Deadlift	3	Deadlift (raw)	Kouprizas, Dimitrios	105.5	250
Greek Championships	110 (M)	Master	Deadlift	1	Deadlift (raw)	Pantelopoulos, Konstantinos	105	185
Greek Championships	110 (M)	Open	Push-Pull	1	Raw	Rallis, Dimitrios	109.2	535

Greek Championships	110 (M)	Open	Push-Pull	2	Raw	Liakos, Georgios	106	430
Greek Championships	110 (M)	Open	Push-Pull	3	Raw	Kouprizas, Dimitrios	105.5	400
Greek Championships	110 (M)	Master	Push-Pull	1	Raw	Pantelopoulos, Konstantinos	105	295
Greek Championships	110 (M)	Open	Powerlifting	1	Raw	Rallis, Dimitrios	109.2	875
Greek Championships	110 (M)	Open	Powerlifting	2	Raw	Liakos, Georgios	106	690
Greek Championships	110 (M)	Master	Powerlifting	1	Raw	Pantelopoulos, Konstantinos	105	430
Greek Championships	125 (M)	Junior	Squat	1	Squat Raw+	Karallas (SPly), Giorgio	124	200
Greek Championships	125 (M)	Open	Squat	1	Squat Raw	Liouras, Athanasios	116	300
Greek Championships	125 (M)	Junior	Bench Press	1	Bench press (raw)	Karallas (SPly), Giorgio	124	180
Greek Championships	125 (M)	Junior	Bench Press	2	Bench press (raw)	Fassas, Kosntantinos	0	140
Greek Championships	125 (M)	Open	Bench Press	1	Bench press (raw)	Sarantis, Panagiotis	116	175
Greek Championships	125 (M)	Open	Bench Press	2	Bench press (raw)	Koukoutselas, Ioannis	117	175
Greek Championships	125 (M)	Open	Bench Press	3	Bench press (raw)	Liouras, Athanasios	116	170
Greek Championships	125 (M)	Open	Bench Press	4	Bench press (raw)	Kountouris, Charalampos	124	170
Greek Championships	125 (M)	Open	Bench Press	5	Bench press (raw)	Kiromytis, Vasileios	113	165
Greek Championships	125 (M)	Master	Bench Press	1	Bench press (raw)	Panagiotidis, Theodosis	112	160
Greek Championships	125 (M)	Junior	Deadlift	1	Deadlift (raw)	Karallas (SPly), Giorgio	124	150
Greek Championships	125 (M)	Open	Deadlift	1	Deadlift (raw)	Liouras, Athanasios	116	320
Greek Championships	125 (M)	Open	Deadlift	2	Deadlift (raw)	Kiromytis, Vasileios	113	230
Greek Championships	125 (M)	Master	Deadlift	1	Deadlift (raw)	Panagiotidis, Theodosis	112	230
Greek Championships	125 (M)	Junior	Push-Pull	1	Raw	Karallas (SPly), Giorgio	124	330
Greek Championships	125 (M)	Open	Push-Pull	1	Raw	Liouras, Athanasios	116	490
Greek Championships	125 (M)	Open	Push-Pull	2	Raw	Kiromytis, Vasileios	113	395
Greek Championships	125 (M)	Master	Push-Pull	1	Raw	Ziogas, Konstantinos	117	0
Greek Championships	125 (M)	Junior	Powerlifting	1	Raw	Karallas (SPly), Giorgio	124	530
Greek Championships	125 (M)	Open	Powerlifting	1	Raw	Liouras, Athanasios	116	790
Greek Championships	125 (M)	Open	Powerlifting	2	Raw	Sarantis, Panagiotis	116	577.5
Greek Championships	125 (M)	Open	Powerlifting	3	Raw	Droutsas, Anastasios	112	560
Greek Championships	125 (M)	Open	Squat	1	Squat (Single Ply)	Sapounakis, Pantelis	117.5	400
Greek Championships	125 (M)	Junior	Bench Press	0	Bench press (Single Ply)	Fassas, Konstantinos	124	0
Greek Championships	125 (M)	Junior	Bench Press	1	Soft Equipment	Fassas (SF), Konstantinos	124	185
Greek Championships	125 (M)	Open	Bench Press	1	Bench press (Single Ply)	Sapounakis, Pantelis	117.5	250
Greek Championships	125 (M)	Open	Deadlift	1	Deadlift (Single Ply)	Sapounakis, Pantelis	117.5	320
Greek Championships	125 (M)	Open	Push-Pull	1	Single-ply	Sapounakis, Pantelis	117.5	570
Greek Championships	125 (M)	Open	Powerlifting	1	Single-ply	Sapounakis, Pantelis	117.5	970

Greek Championships	140 (M)	Junior	Squat	1	Squat Raw+	Karallas, Giorgio	126	281
Greek Championships	140 (M)	Junior	Bench Press	1	Bench press (raw)	Karallas, Giorgio	126	200
Greek Championships	140 (M)	Junior	Deadlift	1	Deadlift (raw)	Karallas, Giorgio	126	225
Greek Championships	140 (M)	Junior	Deadlift	2	Deadlift (raw)	Chatzipanagiotis, Anastasios	130	200
Greek Championships	140 (M)	Junior	Push-Pull	1	Raw	Karallas, Giorgio	126	425
Greek Championships	140 (M)	Junior	Powerlifting	1	Raw	Karallas, Giorgio	126	706
Greek Championships	140+ (M)	Open	Squat	1	Squat Raw	Marizas, Emmanouil	154	272
Greek Championships	140+ (M)	Master	Squat	1	Squat Raw+	Pafilias, Emmanoil	161	240
Greek Championships	140+ (M)	Open	Bench Press	1	Bench press (raw)	Marizas, Emmanouil	154	130
Greek Championships	140+ (M)	Master	Bench Press	1	Bench press (raw)	Pafilias, Emmanoil	161	155
Greek Championships	140+ (M)	Open	Deadlift	1	Deadlift (raw)	Marizas, Emmanouil	154	282
Greek Championships	140+ (M)	Master	Deadlift	1	Deadlift (raw)	Pafilias, Emmanoil	161	280
Greek Championships	140+ (M)	Open	Push-Pull	1	Raw	Marizas, Emmanouil	154	412
Greek Championships	140+ (M)	Master	Push-Pull	1	Raw	Pafilias, Emmanoil	161	435
Greek Championships	140+ (M)	Open	Powerlifting	1	Raw	Marizas, Emmanouil	154	684
Greek Championships	140+ (M)	Master	Powerlifting	1	Raw	Pafilias, Emmanoil	161	675
Greek Championships	140+ (M)	Open	Squat	1	Squat (Single Ply)	Marizas (SPly), Emmanouil	154	0
Greek Championships	140+ (M)	Open	Bench Press	1	Bench press (Single Ply)	Marizas (SPly), Emmanouil	154	100
Greek Championships	140+ (M)	Open	Deadlift	1	Deadlift (Single Ply)	Marizas (SPly), Emmanouil	154	0
Greek Championships	140+ (M)	Open	Push-Pull	1	Single-ply	Marizas (SPly), Emmanouil	154	100
Greek Championships	140+ (M)	Open	Powerlifting	1	Single-ply	Marizas (SPly), Emmanouil	154	100

[back](#)